

BIO- DATA



- 1) NAME- **DR. PRALAY NAYEK**
- 2) FATHER'S NAME **MR. KISHORE NAYEK**
- 3) MOTHER'S NAME **SMT. NAMITA NAYEK**
- 4) DATE OF BIRTH **21-05-1978**
- 5) SEX **MALE**
- 6) MARITAL STATUS **MARRIED**
- 7) CATEGORY **GENERAL**
- 8) ADDRESS **JAMBUNI SARADA SAYER (WEST)**
POST – BOLPUR, PS- BOLPUR, DIST – BIRBHUM PIN- 731204, W.B
- 9) MOBILE NUMBER – **9434375481**
- 10) EMAIL ID – PRALAYNAYEK78@GMAIL.COM

11) EDUCATIONAL QUALIFICATION

EXMINATION PASSED	BOARD/COUNCIL/ UNIVERSITY	NAME OF THE INSTITUTION	YEAR OF PASSING	DIVISION/CLASS
MADHYAMIK	W.B.B.S.E	BOLPUR N.N.B HIGH SCHOOL	1993	I
HIGHER SECONDARY	W.B.C.H.S.E	BOLPUR N.N.B HIGH SCHOOL	1995	II
B.A (Hons. In English)	BURDWAN	BOLPUR COLLEGE	1998	P
B.P.ED	KALYANI	DEPARTMENT OF PHYSICAL EDUCATION	2002	I
M.P.E	VISVA-BHARATI	DEPARTMENT OF PHYSICAL EDUCATION	2008	I
Post graduate Diploma Examination (YOGA)	VISVA-BHARATI	DEPARTMENT OF PHYSICAL EDUCATION	2017	I

12) M.PHIL on

“A STUDY OF BODY COMPOSITION, AEROBIC AND ANAEROBIC CAPACITY IN RELATION TO MOTOR FITNESS AMONG VARSITY ATHLETES” from Kalyani University in 2010.

13) PH.D on

“AEROBIC ANAEROBIC POWER AND CELLULAR BODY COMPOSITION OF SOCCER PLAYERS” from Visva-Bharati University in 2016.

14) DETAILS OF PAPER PUBLISHED:

Sl	Authors		Year of Publication	Name of the Journal	Title of the paper with vol No., Issue No., Page No	ISSN	Peer Reviewed	Whether in UGC list Y/N
	First/ Principal Author	Jt. Author						
1	Dr. Pralay Nayek	Dr. Arup Gayen	2017	Global Journal for Research Analysis	Correlational study on Aerobic Power and Cellular Body Composition, Vol. No- 6, Issue- 7, Page No- 39-40	2227-8160	Y	Y
2	Dr. Pralay Nayek	Asmita Ghosh	2022	International Journal of Research and Analytical Reviews (IJRAR)	A comparative study on Motor Fitness of 12 to 14 yr. Tribal & Non-Tribal Boys. Vol. No- 09, Issue- 02, Page No- 814-821	2348-1269 2349-5138	Y	Y
3	Asmita Ghosh	Dr. Pralay Nayek	2022	International Journal of Research and Analytical Reviews (IJRAR)	Covid-19 pandemic- The Impact of e-learning on English Writing Skills, Vol. No-9, Issue- 02, Page No- 849-855	2348-1269 2349-5138	Y	Y
4	Dr. Pralay Nayek	Debasis das, Habib Sk	2018	International Journal of Physiology, Nutrition & Physical Education	A study on Physical Fitness & Dynamic Balance, Vol. No- 3, Issue- 02, Page no- 420-422	2456-0057	N	Y
5	Dr. Pralay Nayek	Debasis das, Habib Sk	2018	International Journal of Physiology, Nutrition & Physical Education	To compare and find Relative Superiority in Breath holding capacity, Agility and Strength between kabaddi players and Long jumpers in Athletic. Vol. No- 31 Issue-02, Page no-423-426	2456-0057	N	Y
6	Dr. Pralay Nayek	Samiran Mondal, Arup Gayen	2015	The International Journal of Engineering and Science (IJES)	Aerobic Fitness of Indian Soccer Players: Field methods analysis. Vol. No- 4, Issue-01, Page no- 18- 21	2319-1813 2319-1805	N	N
7	Sourav Chandra Gorain	Dr. Pralay Nayek	2022	EPRA International Journal of Multidisciplinary Research (IJMR)	The Female in selected literary pieces: A social criticism. Vol. No8, Issue- 05, Page no- 34-37	2455-3662	Y	N
8	Sourav Chandra Gorain	Dr. Pralay Nayek, Dr Birbal Saha	2022	International Journal of Research Publication and Reviews	Education, Culture, Freedom & Morality: The complementary and Supplementary Nature. Vol. No- 3, Issue-02, Page no- 481-485	2582-7421	N	N
9	Debasis das	Dr. Pralay Nayek, Habib Sk	2018	International Journal of Yogic, Human movement and Sports Science	Relationship between jump and reach test and standing broad jump as a measure of explosive power. Vol. No- 3, Issue- 02, Page no- 359- 361	2456-4419	N	Y
10	Debasis das	Dr. Pralay Nayek, Habib Sk	2018	International Journal of Yogic, Human movement and Sports Science	A relationship between leg physique status and leg explosive strength of male and female. Vol. No- 3, Issue-02, Page no- 362-365	2456-4419	N	Y

15) Details of International/National/State level Seminars/Conferences/Symposia attended

Sl	National	State/ University
1	National Conference on Trends and Practices in Physical Education 30,2010 A comparative study on motor fitness of 12-14 yr Tribal & n Boys - Pralay nayek	Department of Physical Education Bhavana, Visva-Bharati, Santiniketan, V

16) SET: QUALIFIED 19TH SET EXAMINATION 2015

17) PROFESSIONAL QUALIFICATION

- A) SENIOR DISTRICT PARTICIPATION IN FOOTBALL IN 1998.
- B) U/17 DISTRICT VOLLEYBALL COACH-2012.
- C) U/17 STATE FOOTBALL TEAM MANAGER-2013
- D) STATE OBSERVER IN BASKETBALL AND TAEKWONDO OF 2016, 17 & 2018.

18) SPECIAL PAPERS (THEORY) EXCERSISE & SPORTS PHYSIOLOGY

19) NATIONALITY INDIAN

20) RELIGION HINDU

21) LANGUAGE KNOWN BENGALI, ENGLISH, HINDI

PRESENTLY SERVING AS

- I) ASSISTANT PROFFESOR OF Aghorekamini Prakashchandra Mahavidyalaya, BENGAI, HOOGLY. WEST BENGAL
- II) CHAIRMAN, BIRBHUM DISRTICT PRIMARY SCHOOL COUNCIL, SURI, BIRBHUM, WEST BENGAL
- III) JOINT SECRETARY OF BIRBHUM DISTRICT SPORTS ASSOCIATION (DSA), BIRBHUM, WEST BENGAL
- IV) VICE-PRESIDENT OF DISTRICT COUNCIL FOR SCHOOL GAMES AND SPORTS, BIRBHUM, WEST BENGAL

22) OTHERS INFORMATION

SERVING AS ASSISTANT TEACHER OF THIBA ANCHAL HIGH SCHOOL, LABPUR, BIRBHUM FROM 19-05-2005 TO 02-06-2021.

Date: 14-06-2023

Place: Bolpur



Signature